

mihealth:online

personalised patient information supporting a range of conditions



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what people say

"mihealth is great because you have all the information at your fingertips and you don't have to worry that you have forgotten anything or don't know the answer to something... it's like having a link to your breast nurse when she isn't there."

Maureen Burke - breast cancer patient

Overview

mihealth is a web based patient information system developed at Liverpool John Moores University by a former breast cancer patient. The system has been designed by patients, health professionals, health researchers and digital content specialists and successfully piloted with NHS patients.

The system is unique in that it is entirely user centred, providing information that is immediately relevant to the person who accesses it by offering both generic and local information to patients, their families and carers.

mihealth can be personalised to the patient's journey, as well as the local institutional contexts where they are treated, to provide an electronic one-stop-shop that places them at the centre of their care and connects them to the healthcare services they rely upon.

mihealth combines Cancerbackup information, patient experiences and a range of personalised resources supporting patients' self management and care. Information is accurate, up to date and authoritative and incorporates text, photographs, illustrations and video clips to provide a comprehensive, media rich resource.

 **cancerbackup**
informing understanding supporting



"We feel that the mihealth patient information system provides many benefits and we are pleased to be able to offer it to all of our patients."

Chris Holcombe, Consultant Breast Surgeon, Honorary Secretary, Association of Breast Surgery at BASO
Linda McCartney Centre
Royal Liverpool and Broadgreen University Hospitals NHS Trust

mihealth can enable patients to more effectively manage their care and the decision making process, leading to improved health outcomes and increased satisfaction with their healthcare experience.

Key patient benefits

- Help patients to make effective choices and receive an equitable service.
- Enable better self care and increase satisfaction.
- Quickly educate family, friends and carers to provide an educated network to support patients in the decision making process.
- Provide links between health and social care services.
- Easy to use, saves time and effort and enables patients to understand, organise and manage their care more effectively.
- Always accessible, providing the right information at the right time.



"I know from my work with breast cancer patients and their carers, that they want information about treatments and side effects delivered in a clear and non patronising way. mihealth is an excellent way of providing patient support and information. The system is flexible and can be customised to individual units to provide a comprehensive support and information system. I give mihealth my complete endorsement"

Clive Griffith - Consultant Breast Surgeon

NHS Clinical Lead for Breast Cancer & Knowledge Management

mihealth is a widely accessible and easy to use system that supports busy health professionals to more effectively communicate with their patients and provide a high quality service.



Endorsed by the Association of Breast Surgery



mihealth is supported by the NHS Institute for innovation and improvement

Key clinical benefits

- Improve communication and shared decision making.
- Help to improve health outcomes and increase patient satisfaction.
- Help to improve patient safety.
- Help to reduce appointments.
- Link up with health and social care services.
- Lower risk of litigation and potentially compensable events.
- Cut the cost of developing information materials.
- Save time - simply tailor generic care pathways to local needs.
- Fully managed and maintained service with no IT and maintenance issues to address.
- Add value with the potential to link the system to existing initiatives.



System Features

- mihealth has been designed by patients for patients
- Easy to use and simple to navigate
- Includes a step by step user guide
- A personal resource - each user creates their own user name and password



miinformation Provides a care pathway where patients can access Cancerbackup information and patient experiences tailored to their local places of treatment.

milibrary A virtual library allowing users to bookmark relevant web sites or more complex documents.

midairy A personal diary to keep track of hospital and personal appointments including details of healthcare teams and treatment centres. The diary notes facility enables notes to be made before, during and after appointments.

mitreatment Displays a simple list of the tests, treatments and medications entered into the diary and enables patients to keep track of and take control of their care.

micontacts Provides a comprehensive directory of services relating to health professionals, social care and support services. Patients can also store their own personal contacts within micontacts.

mimoodstates Patients can track their daily physical and mental well being by making notes and charting their progress which is represented as a graph.

miinformation selector This feature enables patients to tailor information to meet their own needs to deliver the right information at the right time.

miguide A visual 'step by step' guide to help users understand the function of each feature and how to utilise the system effectively.

Further support Provides information about social care organisations and support services to offer a more joined up service and give patients the widest possible choice.

Glossary Provides an explanation of words that patients may come across that relate to their treatment and care with links to associated words and further resources and web sites

Search Patients can quickly and easily find subject matter by entering key words into the search facility.



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mihealth can support a range of conditions, please contact us for further information, or to arrange a demonstration.

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